



## ADVANCED CARE PLANNING INFORMATION

With Carmen Barnsley

What if you become suddenly ill or had an accident and were unable to communicate? Have you made your wishes known to others? Having an Advanced Care Plan can help family and healthcare practitioners meet your needs. Carmen Barnsley, a non-practicing nurse and now an End of Life Transition

Doula (Death Doula), is giving a talk on what an Advanced Care Plan is. Why you should have one and how to get started.

**Tuesday 12th Mar 6.30- 8.30pm**

**Cost: Gold Coin Donation. Please call to book in.**

**COME JOIN US!!**

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